



Eastside Dental, LLC

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Composite Filling Aftercare

Numbing:

Numbing can vary from patient to patient and can last for a few hours after the procedure. If you were numbed for the composite filling, it is important to be careful chewing on that side. You may bite on your cheek, tongue, or lip without knowing. When to eat would depend on your comfortability. You will also want to be careful of eating or drinking anything too hot while numb as you may burn yourself without noticing. We recommend staying away from anything hot until you are not numb anymore.

Sensitivity or Pain with Chewing/Biting:

If you are noticing pain when chewing/biting, you might need to come back for a bite adjustment. What usually causes that is when the filling is slightly too high for your bite, causing you to hit harder on that tooth which can make your tooth sensitive/painful. Bite adjustment appointments are usually quick and under 30 minutes.

Please make sure to give us a call right away at (414)276-4455 to schedule an appointment if you notice any discomfort.