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### **Temporary Bridge/Crown Aftercare**

With the temporary, avoid eating any hard/sticky food that may break/loosen the temporary crown. If the temporary does break, please call the office right away to get a new one made. The adjacent teeth may try to shift to close the gap, and if that happens the permanent bridge/crown will not fit in as it should. If the temporary does fall out, you can attempt to recement it with some toothpaste until the permanent bridge/crown seating. Do not pull dental floss up and down on the temporary crown as that may dislodge it out of place. When flossing with the temporary, pull the floss outwards and not up. Some sensitivity to temperature is normal during this time.

### **Bridge/Crown Aftercare**

The cement should be mostly set after the appointment, but as a precaution, for the first 24 hours, do not floss up and down since the cement is still fully hardening. If you feel like the bite is not even, give the office a call for a quick bite adjustment.

### **Bridge/Crown Hygiene**

It is very important to keep your bridge/crown clean. There is often a misconception that you do not need to brush crowns, which is false. Although the tooth is fake, the tooth underneath and any exposed tooth along the gum line beneath the bridge/crown could still be susceptible to cavities if not kept clean.

Softly brush at the gum line of the bridge/crown with the normal 2-minute brushing 2x a day. Fluoride toothpaste is recommended to further prevent any cavities and if you are experiencing some sensitivity after the procedure, use a toothpaste for sensitive teeth.

For the bridge, a floss threader/superfloss/waterflosser will be needed to get in between the pontic (the replacement tooth) and the supporting teeth.

**Warning:** If the permanent bridge/crown comes out, please call the office right away to have it recemented before any shifting occurs. If sensitivity persists, please call the office to have it checked.

### **Bridge take home kit will include:**

A pack of 2 floss threaders to be used daily until more can be purchased at the store.